

CATHAYS SURGERY

TRAVEL HEALTH RISK ASSESSMENT

Please complete this form at least 6 weeks prior to travel health appointment for the Practice Nurse can assess your travel health needs.

Please note we are unable to conduct the consultation without this document.

For non-NHS vaccines there will be a charge for the vaccine cost.

| | |
|-------------------------|-------------|
| Surname | Forename |
| Date of Birth | Male/Female |
| Easiest contact number: | E-mail: |

| |
|--|
| Date of departure: |
| Return date of overall trip: |
| Countries you intend to visit? (including stopovers) |
| |
| |
| |

Please circle the descriptions that best describe your trip

| | | | | |
|----|-----------------------------|--------------------|-------------------------------|-------------------------|
| 1. | Type of Trip | Business | Pleasure | Other: please specify |
| 2. | Holiday Type | Package Camping | Self-organised Cruise Ship | Backpacking Trekking |
| 3. | Accommodation | Hotel Hostel | Relatives/Family Home | Other: please specify |
| 4. | Travelling | Alone | With family/friend | In a group |
| 5. | Staying in an area which is | urban | Rural | Altitude |
| 6. | Planned activities | Safari | Adventure | Other: Please specify |

Will you be travelling to a location where medical help is non-existent (even for a short period of time)? YES/NO

If YES please give details

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MEDICAL HISTORY

| | |
|-----|---|
| 1. | Do you have any recent or past medical history of note? This includes diabetes/heart or lung conditions/thymus disorders etc.?YES/NO If YES, please specify: |
| 2. | Do you have any Allergies, in particular to egg/ antibiotics? YES/NO If YES please specify: |
| 3. | Are you pregnant, breast feeding or planning pregnancy? |
| 4. | List any medications, including over the counter medications: |
| 5. | Have you ever had a serious reaction to a vaccine given to you before? YES/NO If YES, what was the reaction? |
| 6. | Does having an injection make you feel faint? |
| 7. | Do you or a close member of your family have epilepsy? |
| 8. | Do you have any history of mental illness including depression or anxiety? |
| 9. | Have you recently undergone radiotherapy, chemotherapy or steroid treatment? |
| 10. | Please give any further information that may be relevant, including any future travel plans. |

VACCINATION HISTORY

Have you had any of the following vaccinations/malaria tabs, and if so when?

Please tick the relevant boxes, and date vaccination given.

| | Tick | Date | | Tick | Date | | Tick | Date |
|--------------------------|------|------|-------------------------|------|------|-------------|------|------|
| Tetanus | | | Polio | | | Diphtheria | | |
| Typhoid | | | Hepatitis A | | | Hepatitis B | | |
| Meningitis C | | | Yellow Fever | | | Influenza | | |
| Meningitis ACWY | | | Jap B encephalitis | | | Swine Flu | | |
| Rabies | | | Tick Borne encephalitis | | | | | |
| Other: please specify | | | | | | | | |

All the above for discussion when risk assessment is performed during your appointment.

I have no reason to think that I might be pregnant I have received information on the risks and benefits of the vaccines recommended and have had the opportunity to ask questions. I consent to the vaccines being given.

Signed:

Date:

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**FOR OFFICIAL USE/TO BE PUT FOR SIGNING BY GP ONCE COMPLETED BY PN/THEN RETURNED TO
PN TRAY.**

PATIENT SPECIFIC DIRECTION

Patient Name:

Patient Date of Birth:

Travel vaccination identified and recommended for this trip:

| Disease protection | Yes please tick | Date given | Further information |
|--------------------------|-----------------|------------|---------------------|
| Hepatitis A | | | |
| Hepatitis B | | | |
| Typhoid | | | |
| Tetanus/Diphtheria/Polio | | | |
| Meningitis acwy | | | |
| Rabies | | | |
| Yellow fever | | | |
| Japanese encephalitis | | | |
| Tick borne encephalitis | | | |
| Swine Flu | | | |
| Other: please specify | | | |
| | | | |

Travel advice and leaflets given as per travel protocol: please circle

| | | | | |
|---------------------------|-----------------------|---------------------------------|--------------------------|------------------|
| Food/water/hygiene advice | Traveller's diarrhoea | Hepatitis B/C HIV | Insect bite avoidance | Animal bites |
| Accidents | Air travel | Sun/heat protection | Hajji Travel | Travel insurance |
| Travel record supplied | Websites | Referred to yellow fever centre | Post travel advice given | other |

Malaria prevention advice and malaria prophylaxis recommended

| | |
|--------------------------|-------------------------------------|
| Choloquine and proguanil | Atovaquone and proguanil (malarone) |
| Chloroquine | Mefloquine (checklist) |
| Doxycycline | Malria advice leaflet |

Further information:

E.g.: Weight of child

Signed (Patient)

Date:

Signed (Doctor)

Date

Signed (Practice Nurse)

Date